



# TCC-EZ<sup>®</sup> and Evenup<sup>®</sup>

## Enables easier ambulation for some casted patients



- The #1 recommended and used Total Contact Cast System (TCC).
- The Gold Standard and preferred method for taking weight off diabetic foot wounds<sup>1-7</sup>, so the wounds can heal and the patient can live their life.
- Numerous studies show that TCCs heal 90% of foot wounds in about 5-8 weeks, helping to avoid complications that could lead to amputations.<sup>1-7</sup>



- Supports patients by allowing them to walk more balanced and function comfortably.
- Adjustable straps for any enclosed flat soled shoe and interchangeable for the right or left foot.

### Evenup<sup>®</sup> Sizing Information:

| Women's Shoe Size | Men's Shoe Size | Evenup <sup>®</sup> Size | Ordering Code |
|-------------------|-----------------|--------------------------|---------------|
| 6 – 8 ½           | 7 – 8 ½         | Small                    | TCC2EVENUPS   |
| 9 – 11 ½          | 9 – 11 ½        | Medium                   | TCC2EVENUPM   |
| 12 – 14           | 12 – 14         | Large                    | TCC2EVENUPL   |

### Clinical Recommendations:

- To be used on opposite foot from TCC-EZ<sup>®</sup>. It is not a replacement for TCC-EZ<sup>®</sup> boot.
- Reducing ambulation helps off-load, enabling wounds to heal faster. Evenup<sup>®</sup> should not be used to enable patients to walk more.
- Evenup<sup>®</sup> can be considered on TCC-EZ<sup>®</sup> patients who have hip or back issues to enable them to get the preferred method in off-loading.
- While wearing TCC-EZ<sup>®</sup>, with or without Evenup<sup>®</sup>, a 4 prong cane or walker might be recommended/needed.
- Recommended for use with laced oxfords, orthopedic shoes or sneakers (cannot be used with sandals).
- Evenup<sup>®</sup> should be worn securely fastened to a shoe.

Evenup<sup>®</sup> is a registered trademark of Evenup, LLC. TCC-EZ<sup>®</sup> is a registered trademark of Derma Sciences, Inc. ©2015 Derma Sciences, Inc.

References: 1. Mueller NJ, et al. Total contact casting in treatment of diabetic plantar ulcers; Controlled clinical trial. Diabetes Care 12:384-388, 1989. 2. Armstrong DG, et al. Off-loading the diabetic foot wound. Diabetes Care 24:1019-1022, 2001. 3. Mueller NJ, et al. Effect of Achilles tendon lengthening on neuropathic plantar ulcers. Journal of Bone and Joint Surgery 85-A:8; 1436-1445, 2003. 4. Armstrong DG, et al. Evaluation of removable and irremovable cast walkers in the healing of diabetic foot wounds. Diabetes Care 28:551-554, 2005. 5. Cavanagh PR, Owens TM. Nonsurgical strategies for healing and preventing recurrence of diabetic foot ulcers. Foot and Ankle clinics N Am 11:735-743, 2006. 6. Lavery LA, et al. Randomised clinical trial to compare total contact casts, healing sandals and a shear-reducing removable boot to heal diabetic foot ulcers. International Wound Journal. 1742-4801, 2014. 7. Snyder RJ, et al. The Management of Diabetic Foot Ulcers through Optimal Off-loading. Building Consensus Guidelines and Practical Recommendations to Improve Outcomes. Journal of the American Podiatric Medical Association. Vol 104. No. 6. Nov/Dec 2014.



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